

Kevin Parr Committee Member shadowing the Trading Secretary

“I joined the committee at the AGM in October 2025, having only take over my plot in December 2024.

I have always had a keen interest in gardening and now retirement allows me the time to devote to becoming a better organic fruit and vegetable grower. I am a firm advocate of the No Dig Method and I am a huge believer in making your own compost.

My favourite vegetable to grow is the humble but ever so versatile BEETROOT.

The tip I would offer you is - feed your soil with good rich organic matter and it will reward you with a bumper harvest.”



**Kevin and his son
Christopher**